

Spring 2005

THE NEWSLETTER OF THE RUSH-PRESBYTERIAN-ST. LUKE'S NURSES ALUMNI ASSOCIATION



LEAVING A LEGACY

by Sarah Hedgespeth

When she first started thinking about retiring, Kathleen Gainor Andreoli, DSN, RN, FAAN, knew she would leave the Rush College of Nursing a parting gift. Just what she would leave, however, was a question mark.

Andreoli, whose 18-year tenure as dean of the College of Nursing and vice president for nursing academic affairs will come to an end June 30, racked her brain for an appropriate way to thank the institution for which she has done so much, and which has done so much for her.

"Having this kind of a positive environment to work in gives you a great incentive to come to work every day," Andreoli says. "I have great respect for this school, but I also have great love for it, and for its alumni."

That respect and love has shown in Andreoli's dedication to keeping the College of Nursing on the cutting edge of nursing education.

More than 3,000 nursing students have graduated from Rush during her tenure. She also oversaw the creation of the nation's second Doctor of Nursing degree program and the establishment of two endowed chairs in nursing.

Such growth has come despite a national nursing shortage that has challenged nursing schools everywhere in recent decades, and Rush is no exception. Yet Andreoli made it her mission to help Rush emerge



Kathleen Gainor Andreoli, DSN, RN, FAAN

from the crisis a stronger school, one that would continue to be a leader in its field.

"What this school is known for is its ability to set trends," she says. "We've done a lot of leading."

To lead Rush through the nursing shortage, Andreoli and her colleagues created a number of new programs to attract people to nursing school and to allow practicing nurses to expand their professional opportunities.

In 2002 the College of Nursing began offering an accelerated baccalaureate nursing degree (BSN) to prospective nurses who had already earned a bachelor's degree in another field. The new program gave these students the ability to earn a BSN in four quarters, as opposed to seven.

"This program brought lines and lines of people. We had a waiting list, people were so eager to get in," Andreoli says. "We've graduated two classes from the

SCHOLARSHIP FUND

Andreoli's impressive tenure as dean and her dedication to Rush's nursing students have inspired her friends and colleagues in the College of Nursing to establish a scholarship fund in her honor. The Kathleen Gainor Andreoli, DSN, RN, FAAN, Scholarship Fund will have the flexibility to assist students enrolled in any of the College of Nursing programs, baccalaureate or graduate, wherever the need is most profound. We hope that you will join us in support of this important initiative by making a gift to the Andreoli Scholarship Fund. For more information, contact Katie Madden, assistant director of alumni relations, at (312) 942-7199 or Katie_Madden@rush.edu.

accelerated program so far, and they all do extremely well on their licensure exams. We were able to respond to the nursing shortage by making smart nurses, faster."

Moreover, Andreoli and her colleagues saw the importance not only of attracting new nurses but of keeping existing nurses up to speed with advances in their field and meeting a need for continuing education.

"We get a lot of nurses working at the Medical Center, and working elsewhere for that matter, who want to get advanced degrees," she says. "The problem is that it's difficult for them to go to school while they're working. So what we did was create courses that could be taught on the Web, so nurses could work

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ANDREOLI

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their shifts, go home, put their pajamas on and take a course over the Internet. That allowed nurses to stay on the job while there is a shortage and earn an advanced degree at the same time, expanding their options as professionals."

Today, 56 percent of the College of Nursing's didactic courses are available online.

And even as she prepares to retire, Andreoli is helping to address the issue of a shortage not just of nurses, but of nursing faculty.

"This past September, 16,000 qualified people applied to nursing programs across the country, and they couldn't get in because there aren't enough faculty," Andreoli says.

She and her colleagues in the College of Nursing are in the process of creating a program to accelerate the time between a nurse earning a BSN and earning a doctor of nursing science degree, quickly moving students from one program right into the next.

Such innovation in leadership is reflected in the recognition Rush's College of Nursing has received. Andreoli vividly remembers opening *U.S. News & World Report* the very first time the magazine listed national rankings for nursing schools 10 years ago.

"There we were in the top five percent. And we have stayed there," she says.

In 2002 the Medical Center earned a Magnet Award, the American Nurses Association's highest honor for nursing services, and in 1999 the Commission on Collegiate Nursing Education (CCNE) accredited the Rush College of Nursing for 10 years — the maximum accreditation granted by CCNE.

While Andreoli says she is extremely pleased about all the advances the College of Nursing has made and the recognition she and the school have



Kay Andreoli with her son Thomas.

received for them, the personal accomplishment she is most proud of is not reflected in prestigious awards, increased enrollment numbers or the creation of professorships. It's reflected in the smiles on the faces of grateful nursing alumni and in memories well preserved.

This fall, Andreoli gave the retirement gift into which she had put so much deliberation: a generous donation toward the creation of a photo exhibit of almost every class that has graduated from St. Luke's, Presbyterian, Presbyterian-St. Luke's and Rush, on permanent display as "Centuries of Excellence: Portraits of Nursing Alumni" in the College of Nursing. At the ribbon-cutting ceremony for the collection, where the Rush-Presbyterian-St. Luke's Nurses Alumni Association named her an honorary alumna, Andreoli knew her gift had had its desired effect.

"The alumni were so happy. We cut the ribbon, and they couldn't wait to run in and find their class. They took pictures of themselves in front of their class photos, and they had their friends with them, all gathered around pictures," Andreoli says with a smile. "I had my son with me, and he said, 'Mom, this is incredible. I've never seen so many happy people in my whole life.' And they were."



Hands across half a century — the class of 1953 presents new graduates with pins.

GREETINGS FROM 1953

At last June's convocation celebration, the Rush College of Nursing class of 2004 received an especially warm welcome into the ranks of the Nurses Alumni Association compliments of the Presbyterian class of 1953. Several months earlier, at their 50th reunion celebration, the class of 1953 had decided to put their class gift to work for Rush's newest graduates by sponsoring the purchase of the class of 2004's nursing pins. So when those pins were handed out on June 10, Patricia Richter Schwolow and Betty Teas Baer of the class of 1953 were on hand to meet the future of nursing and to receive thanks — from each member of the class, the alumni association and Kay Andreoli, DSN, RN, FAAN — for one class's gift to another. Welcome aboard, class of 2004, and thank you, Presbyterian '53.

A NEW HOME FOR YOUR OLD STUFF

by Heidi Butler

Admit it: You have a few boxes — in the basement, the attic or elsewhere in storage — that you haven't opened in years. Everyone does. Maybe this year, during spring cleaning, you'd like a good reason to go through that old stuff and find it a new home.

Before deciding that new home should be a landfill, consider donating to the Medical Center Archives. The Archives is always looking to build its historical collections related to Presbyterian, St. Luke's, Presbyterian-St. Luke's and Rush. Though institutional items such as yearbooks, course outlines, student lists and, of course, class composite photographs make up much of those collections, it is often personal materials — scrapbooks, diaries, letters, snapshots and class notes — that are the most interesting and useful to the researchers and historians who make use of the Archives.

Once you've gone through all that old stuff, the Archives has a donation process that you can follow to assure your materials will be well-organized, easy to catalog and most accessible for researchers (see "The Donation Process"). Be sure to keep the following in mind:

- The more you can tell us about a particular item, the more useful it will be. Who used it? Was she or he a student? An intern? A faculty or staff member? Which hospital or school was she or he affiliated with? When was the item used?
- Because of space constraints and prior holdings, the Archives cannot accept every donation. So before making a donation, be sure to talk to the archivist, who will advise you on whether any of your items are a fit for the collection. Additionally, please note that the Archives cannot provide monetary appraisal of materials prior to donation.

- If you are mailing your donation, you may want to insure the package or have it packed professionally at a mailing shop to prevent any damage. Be sure to include any written inventory you have made, and your current return address.

- Once the Archives has received and assessed your donation, a "Deed of Gift" form will be drawn up for signature by the Archives staff and you. This form describes, in specific detail, what is being donated and the conditions of the donation and how you wish any unwanted items to be treated (returned to you, discarded or sent on to another archives). The deed also clarifies all copyright issues relating to the donation of personal papers so that the Archives can allow researchers to use quotes from your material or copies of photographs you have taken. The Archives prefers to assume copyright privilege with any donation.

The final step — and one you don't have to worry about — is processing. Archives staff put materials in acid-free folders, which in turn go into archival storage boxes that are given a permanent storage location and recorded in a computer database. At that point, your donation can be accessed by researchers or used for exhibits around the Medical Center or on our Web site (www.univ.rush.edu/archives).

Donating your materials to the Medical Center Archives is a great way to stop thinking of them as "old stuff" and start putting them to use in a way that helps share and preserve our institutional history.

Contact the Archives at (312) 942-7214, Rush_Archives@rush.edu or 1700 W. Van Buren St., Suite 086, Chicago, IL 60612.



DESIRED ITEMS

- Diaries and scrapbooks
- Photographs, especially if the subjects are identified
- Class notes
- Programs and brochures
- Correspondence

ITEMS ACCEPTED ON A LIMITED BASIS*

- Publications (News & Views issues, etc.)
- Uniforms, caps and pins
- Books
- Materials on general Chicago medical history
- Medical instruments

**Archives may already have a complete collection of some of these items or lack the proper facilities to preserve and store them.*

In all cases, talk to the archivist prior to making any donation.

THE DONATION PROCESS

1. Organize and inventory the materials you wish to donate.
2. Document their history as specifically as possible. Who used them? When? Etc.
3. Contact Archives to discuss the donation.
4. If the materials are appropriate, mail or personally deliver your donation.
5. Consider making a monetary gift to assist with conservation and preservation of your materials.
6. Complete the Deed of Gift form.
7. Feel good knowing that you have made a lasting contribution to our history!



HOMECOMING 2004, MORNING TO NIGHT

by Sean Carr

Alumni who returned to Chicago and the Rush campus for Homecoming 2004 on Oct. 15 had an array of events to choose from: Tours of the Medical Center. A faculty-led discussion about palliative care. A special luncheon and tour of old St. Luke's. The afternoon reception and tea. And, of course, that evening's homecoming banquet at the Embassy Suites.

If the banquet was the perfect way to cap off an activity-filled day, then there was no better way to kick off that day than that morning's one-of-a-kind event in the College of Nursing's offices on the 10th floor of the Armour Academic Facility. There, to a hallway brimming with alumni and their families, Kathleen Andreoli, DSN, RN, FAAN, dean of the College of Nursing, Rush-Presbyterian-St. Luke's Nurses Alumni Association president Margaret Faut-Callahan, DNSc, RN, and Rush University Medical Center president and CEO Larry Goodman, MD, unveiled "Centuries of Excellence: Portraits of Nursing Alumni," the new permanent exhibit of nursing class composites.

The display encompasses the alumni association's entire history, stretching all the way back to the St. Luke's class of 1887 and the Presbyterian class of 1903, on through the Presbyterian-St. Luke's years and up to the Rush class of 2004 (with plenty of wall space for the College's future).

Most of those on hand for the exhibit's grand opening followed it from beginning to end, pausing at unusual pictures — the St. Luke's Class of 1909 (above, right) drew some stares for their interesting choice of pose ("They look like the Rockettes") — and at their own class's display, to hug and smile for a few "Now and Then" shots with classmates.

One alumna, gazing up at the history that now lines the College of Nursing's walls, seemed to express exactly what everyone was thinking: "This is *really* neat."

Alumni split into formal and informal groups for lunch and the rest of the afternoon, but everyone was back together that evening at the banquet downtown. During the reception, everyone took more time to catch up with classmates and their families and to chat with current



St. Luke's Hospital Training School for Nurses

Class of 1909

Eric Black Frances E. Blake Clarice W. Brohead Margaret S. Dehmert Bessie C. Elliott Mary V. Greenleaf E.V. Goutt Edna Mason Alice V. Morer Olive Mosgrove Gertrude S. McComel Florence E. McCabe Edna A. Nelson Josephine Nelson Elizabeth W. Seymour Mabel E. Stevenson Anette Vahldeick Charlotte S. White Elizabeth Worden Emma Zimmerman LaVena N. Zipp



students and faculty. Discussions ranged from grandchildren and the past summer's vacations to the looming flu vaccine shortage and plans for the holidays. There were also plenty of exhibits from Medical Center archives to take in, including nursing pins and dolls dressed in each school's uniform. After dinner, those dolls seemed to have come to life as nursing students roamed between tables in the very same fashions. Old yearbooks also made the rounds, with the Presbyterian-St. Luke's Class of 1964 particularly engrossed in theirs.

It was then time for the 50th anniversary classes to take their official strolls down

memory lane. Jean Mitchell Smith, St. Luke's 1954, reminded her classmates about the Schweppes fire and the statue of Florence Nightingale, the 1953 variety show and Miss Marsky and her paperclips. Evelyn Kmet Lopez, Presbyterian 1954, noted that she and her classmates were the last class to live in the old Sprague residence, and that they have now outlived that building's successor. "Schweppes-Sprague is no longer here," she said, "but we are — and we continue to delight in the growth of Rush University Medical Center."

The feeling, said Kay Andreoli, was mutual: "We have so enjoyed having you here."



DISTINGUISHING CHARACTERISTICS

The Rush-Presbyterian-St. Luke's Nurses Alumni Association Distinguished Alumnus Award, presented each year at Homecoming, recognizes graduates who have distinguished themselves through their dedication and contributions to the nursing profession and the community at large. This year's recipient, Daniel J. Sheridan, PhD, RN, Rush 1982 and 1985, earned both his bachelor's and master's degree (the latter as a Psychiatric-Mental Health Clinical Nurse Specialist) from Rush University College of Nursing, and ultimately completed a PhD in Nursing at the Oregon Health Sciences University in Portland, Ore. He is an assistant professor at Johns Hopkins University School of Nursing in Baltimore, Md., and a forensic clinical nurse specialist in Johns Hopkins Hospital's Department of Emergency Medicine. His skill in bringing forensics into the field of nursing has made him a popular speaker at national and international meetings and an expert witness for various court cases. He is also widely recognized for his care of vulnerable patients, including victims of violence, sexual abuse and elder abuse. Accepting the award at last October's Homecoming Banquet, Sheridan praised Rush for cultivating his passion for excellence: "The best of nursing care — that's what Rush is about."

Daniel J. Sheridan, PhD, RN, Rush 1982 and 1985, and his wife, Margaret Ann Jozsa.



At Homecoming 2005, history was everywhere: on the walls, in yearbooks, in photo albums and even on today's nursing students.



CLASS NOTES

SUSAN BAUER, DNSC, RUSH '97, has been selected to present the 2005 ONS Foundation Mara Mogensen Flaherty Memorial Lectureship at the Oncology Nursing Society's 30th Annual Congress in Orlando, Fla. Bauer is director of the Phyllis F. Cantor Center for Research in Nursing and Patient Care Services at Dana-Farber Cancer Institute in Boston, Mass. She is an active member of the Oncology Nursing Society, the advisory board of Virginia Thurston Healing Garden in Harvard, Mass., and former group facilitator for the American Cancer Society's Hope Lodge in Worcester, Mass.

ANITA CATLIN, DNSC, FNP, RUSH 1998; MICHAEL J. KREMER, DNSC, CRNA, RUSH 1997, and MARY FAUT RODTS, MS, RN, ONC, RUSH 1980, were each inducted as fellows of the American Academy of Nursing in November 2003. Catlin is a nurse practitioner and professor of nursing in Napa, Calif., specializing in perinatal ethics. Kremer is an accomplished nurse anesthetist whose current challenge is incorporating the human patient simulator into the curricula of Rush University College of Nursing, where he is on the faculty. Rodts is a leader in the development of orthopedic nursing and helped build the foundation for this nursing specialty. She currently practices at Rush.

GINNY CASEY, MS, RN, RUSH 1979, was recognized by the Illinois Nursing Spectrum's 2004 Nurse of the Year Gala Committee for Outstanding Achievement in the Chicago Area.

GRACE PAULSEN CHAPMAN, PRESBYTERIAN 1952, and her husband, Wilbur, are as busy as ever with a variety of missionary work. Grace is currently learning Spanish as a way to broaden communication with Spanish-speaking parishioners in their congregation. Also, her first great-grandson, Tyler Kevin Bittner, was born in April 2004.

LUTHER P. CHRISTMAN, PHD, RN, former dean of Rush University College of Nursing, was inducted into the American Nurses Association Hall of Fame on June 28, 2004,

during the ANA Convention in Minneapolis, Minn.

CAROL FARRAN, PHD, RN, FAAN, RUSH 1985, and DEBBIE GROSS, DNSC, RN, FAAN, RUSH 1983, were elected to the Institute of Medicine of Chicago.

SARAH KAGAN, PHD, APRN, BC, AOCN, RUSH 1986, was awarded a \$500,000 fellowship by the John D. and Catherine T. MacArthur Foundation. The Foundation cited her for her "commitment to clinical excellence, a passion for original scholarship, a dedication to teaching, and a singular ability to meld all three in the interest of older and vulnerable cancer patients" (*Chicago Tribune*, March 17, 2004). Kagan is a gerontological and oncology nurse, a researcher and an educator. She lives in Philadelphia, Pa., where she is an associate professor at the University of Pennsylvania School of Nursing and a gerontology clinical nurse specialist at the Hospital of the University of Pennsylvania.

EDWIN E. KOPYTKO, MS, RN, RUSH 1983, has accepted a position as Psychiatric Nursing Consult Liason at the Hines VA Hospital in Maywood, Ill.

CATHERINE KRATTEBOL LITT, PRESBYTERIAN 1935, and her husband currently reside in Antigo, Wis. They enjoy spending time with their family — two children, five grandchildren, 12 great-grandchildren and three step-great-grandchildren. Catherine would love to get in touch with former classmates. If you are interested in getting in touch with Catherine, or anyone in *Class Notes*, please contact the Alumni Relations office at (312) 942-2569.

MARY LOU JIBSON MOLL, ST. LUKE'S 1954, is quite an accomplished artist. She was kind enough last year to allow us to sell note cards and framed prints of her Spirit of St. Luke's Mandala during Homecoming to benefit nursing student financial assistance.

ELIZABETH A. ROMANKO, RUSH 1979, received her MS degree in nursing education from Southern Illinois University in Edwardsville, Ill.

OBITUARIES

St. Luke's

FLOSSIE BLIZARD VOLLMER, '23, of Camp Hill, Pa.; Dec. 17, 2002

A native of Giltner, Neb., and a 1920 Graduate of Aurora High School in Aurora, Neb., Vollmer was a registered nurse in Illinois and Ohio. Following a period of private duty nursing in Chicago, she worked as an instructor at Fairview Park Hospital School of Nursing in Cleveland, Ohio, remaining there until her marriage to Rev. Philip Vollmer, Jr., administrator of the hospital. Surviving are one son, four grandchildren, two great-grandchildren and one nephew.

EMMA GROSS SCOTT, 1927, of Lincolnwood, Ill.; March 1993

AMANDA GRIFFITH RICHMOND, 1933, of Irvin, Iowa; Feb. 2004

LOIS RICKERT ROBERTON, 1937, of Rushford, Minn.; March 2004

MARIE AUGUSTA STEINKE, 1937, of Green Bay, Wis.; May 2004

ROBERTA VACHERONT WITKOWSKI, 1940, of Antioch, Ill.; Aug. 9, 2004

MARY ANN TELFEYAN, 1940, of Little Compton, R.I.; 2003

VERA ELLIOT SMALL, 1941, of Lake Forest, Ill.

MAJOR FRANCES EVELYN VAN DEVENTER, 1944, of Eight Mile, Ala.; Aug. 31, 2003

MARGARET EISIMINGER RILEY, 1942, of Eureka, Ill.; Jan. 2004

AVIS KRANS VONG, 1942, of La Grange, Ill.; June 2003

SHIRLEY NELSON EAGAN, 1944, of Bethesda, Md.; Oct. 1, 2004

DORIS ELGHAMMER, 1945, of Danville, Ill.; Jan. 2004

AHLENE GROVES PEEK, 1946, of Green Valley, Ariz.; July 3, 2004

BARBARA JOHNSON RICE, 1948, of Lake Charles, La.; Oct. 1, 2004

DORIS M. MILLS, 1950, of Niles, Ill.; Feb. 1999

Presbyterian

JANE DUNCAN EGGERT, 1928, of Downers Grove, Ill.; June 2004

MARGARET KESLER, 1933, of Corvallis, Ore.; Feb. 18, 2003

ADELLA REMUS COOPER, 1936, of Pasadena, Calif.; Jan. 7, 2004

RUTH MEYTHALER DORNBUSH, 1938, of Prior Lake, Minn.; 2003

RUTH E. STEGEMAN, 1943, of Denver, Colo.; Aug. 2004

LOIS KNIGHT KROC, 1944, of Lebanon, Ohio; May 12, 2004

FRANCIS PECK PRESS, 1945, of Utica, Ill.; Nov. 16, 2003

HELEN HERMILLER SMITH, 1946, of De Kalb, Ill.; June 2003

JEAN LONG PORTER, 1948, of El Cajon, Calif.; Sept. 22, 2004

JEAN RAND McCLARAN, 1948, of Torrence, Calif.; July 2004

CAROL J. FILIPIAK KMET, 1954, of Matteson, Ill.; Dec. 22, 2004

Presbyterian-St. Luke's

ELAINE M. RUGGLES, 1960, of Knoxville, Tenn.; March 24, 2004

BERTHA BERRY SMITH, 1963, of Englewood, Fla.; May 2004

Rush

KATHRYN GLEASON COOK, 1979, of Downers Grove, Ill.; Sept. 5, 2004

JEANNE LAWLER SLACK, 1981 and 1985, of Chicago; Feb. 4, 2005

MARILEE GRAHAM, 1985, of Berwyn, Ill.; Aug. 6, 2004

MARGARET C. KAISER, 1988, of Morton Grove, Ill.; April 2004

Former Faculty

INGEBORG GROSSER MAUKSCH, of Colorado; June 2004

HELEN FEHLANDT O'BRIEN

Helen Fehlandt O'Brien, Presbyterian 1925, passed away in November 2004 at the age of 107. She was Rush-Presbyterian-St. Luke's oldest living nursing alumna.

Upon the Presbyterian Hospital School of Nursing's 100th anniversary, O'Brien shared memories of her studies and early career with then Rush-Presbyterian-St. Luke's Nurses Alumni Association president Karen Van Dyke Lamb, ND, MS, RN. She fondly recalled being the first in the hospital to give insulin to a patient, working in the hospital pharmacy, caroling with the chorus and being watched like a hawk by the Presbyterian faculty.

"They were pretty strict," O'Brien said. "I tried to sneak in after hours one night and couldn't get in — someone was watching me!"

Curfew aside, O'Brien felt her education prepared her well for a career in nursing. Her alma mater took equal pride in her.

"Helen O'Brien truly had the gift of life," says Rush College of Nursing dean Kathleen Andreoli, DSN, RN, FAAN. "She rarely missed Homecoming. She always came dressed to



Helen O'Brien, right, with Rush College of Nursing dean Kathleen Gainor Andreoli, DSN, RN, FAAN.

the nines and full of grand stories of her days as a practicing nurse. She will be sorely missed by all of us."

O'Brien is preceded in death by her husband, George — the doctor she said she would never marry — and is survived by her son G. Dennis (Judith) O'Brien, three granddaughters and one great-grandson.

DOROTHY BLACK CHRISTMAN

Dorothy Black Christman, wife of former Rush University College of Nursing dean Luther Christman, passed away on July 27, 2003, at the age of 87.

Dorothy and Luther were both born in Summit Hill, Penn., she on June 28, 1916. They met when they were five years old, but didn't go on their first date until 1932, when they were in high school. Eventually, both attended nursing school in Philadelphia: Dorothy at Methodist Hospital School of Nursing and Luther at Philadelphia Hospital School of Nursing for Men. During that era, female nursing students were not allowed to date, so Dorothy and Luther met in secret once a week throughout their three years in nursing school.

Upon graduation in 1939, they were married. For the 61 years of their marriage — which gave them three children, four grandchildren, three great grandchildren and one great-great grandchild — Dorothy was Luther's best friend and a source of enduring support.

During World War II, she worked in St. Petersburg, Fla., where Luther was stationed. And after Luther came to Rush University College of Nursing in 1972, she worked diligently behind the scenes, entertaining international nursing visitors in their home and helping to establish the Rush University Bookstore.

In honor of Dorothy Christman and her dedication to both Luther and the College of Nursing, the Rush-Presbyterian-St. Luke's Nurses Alumni Association and the Golden Lamp Society have elected to rename the Luther Christman Endowed Scholarship Fund for Nursing the Dorothy and Luther Christman Endowed Scholarship Fund for Nursing. We hope that through this scholarship, their partnership will live on in perpetuity.

To learn more about the Christman Scholarship Fund or if you are interested in making a gift in honor of Dorothy, please contact the Office of Alumni Relations at (312) 942-7199 or alumni@rush.edu, or go to www.rush.edu and click "Giving to Rush."

RUSH-PRESBYTERIAN-ST. LUKE'S
NURSES ALUMNI ASSOCIATION

2003-2005 BOARD ROSTER

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(Rush 1976 and 1984)

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SAVE THE DATE

SEPTEMBER 30, 2005

*Homecoming will be here
before you know it*

This year's events include:

- An exciting continuing education program
- School-specific tours, including a visit to old St. Luke's
- The Centuries of Excellence nursing exhibit
- The Homecoming banquet

Make your plans today to join the fun

Special room rates are available at the University Club of Chicago. To make your reservation, call (312) 726-2840, ask for reservations and mention Rush Homecoming.

See you in September!

Look for your invitation — and more details — in your mailbox this July.

The 2005 Reunion classes:

1935, 1940, 1945, 1950, 1955, 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995, 2000

For more information today, call the Office of Alumni Relations at (312) 942-2569 or e-mail Joyce_A_Walsh@rush.edu.



WHAT'S HAPPENING?

Your classmates want to know

News

Please send your news — personal and professional — to News & Views, c/o Rush-Presbyterian-St. Luke's Nurses Alumni Association, Rush University Medical Center, 1700 W. Van Buren St., Suite 250, Chicago, IL 60612 or via e-mail to alumni@rush.edu.

Name (please print)

Class of

Presbyterian St. Luke's Pres.-St. Luke's Rush

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City

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WHERE ARE YOU?

We're compiling an e-mail database that will help us improve our communications with alumni, from keeping you up to date with Homecoming and other activities to letting you know where you can find helpful (or just fun) information online. So please be sure to include your e-mail address with your news or just drop us a quick line at alumni@rush.edu.



DISTINGUISHED ALUMNA OFFERS REALITY CHECK

by Sean Carr

Sarah Kagan is unique. Not because she is a MacArthur Fellow — recipient of what is popularly known as a "genius grant" — and not because she is this year's Rush-Presbyterian-St. Luke's Nurses Alumni Association distinguished alumna. Sarah Kagan, PhD, APRN, AOCN, Rush 1986, is unique because she knows exactly why she does what she does.

"I've always enjoyed the older relatives and friends in my life," she says. And she has transformed that special connection into a career — as a clinician, teacher and researcher — and into a passion for confronting the prejudices that often prevent older adults from getting the best, most appropriate care when they are facing serious illness.

Yet while Kagan may know why she does what she does, the path she has followed has been anything but predetermined. There were a few fortunate meetings and plenty of good choices made at the right time. One of the first of those felicitous twists in the tale came along as Kagan was preparing to graduate from the University of Chicago with a degree in behavioral science. At the time, she felt her options were wide open — which was part of the problem.



Sarah Kagan, PhD, APRN, AOCN

"All I knew was that I wanted to do something socially significant and that I would enjoy," she says. Dismissing medical school and law school, she thought about becoming a mid-wife. (Gerontology wasn't getting a lot of attention at the time; otherwise, the decision might have been easier.) Then, shortly after reading a *Time* magazine article about nurse practitioners — and after a chance introduction through a friend — she had lunch with Luther Christman, PhD, RN, then the dean of Rush University College of Nursing.

"That's when I got really excited about nursing," Kagan says. "I saw there were all sorts of things you could do with a nursing degree." Kagan took her Rush degree to San Francisco.

"I found a manager I liked on a unit I liked, which happened to be a medical

surgical oncology floor," Kagan says. Her experiences there cemented her belief that caring for patients with a serious — often terminal — illness was about more than simply treating the condition that had brought them to the hospital.

"Cancer is not perceived in the same way that heart failure and other diseases are. It's not an isolated issue," Kagan says. "It has a manifold impact on a patient's life. They have to be able to deal with the illness themselves while, at the same time, they have to help their family deal with it when their spouse and kids are crying and asking, 'When are you going to die?'"

Within a year, to better help her patients understand and cope with serious illness, Kagan was pursuing her master's degree — and ultimately her PhD — at the University of California-San Francisco. Thanks to her Rush training, she never worried that advanced study would mean leaving patient care behind.

"Rush was really on the leading edge in terms of seeing nursing more flexibly," Kagan says. "Because of Christman's influence, people at Rush — and those of us coming out of the school — saw that you didn't have to give up practicing to teach and do research. Everything is integrated."

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DISTINGUISHED ALUMNA CONTINUED FROM PAGE 1

It was in graduate school that Kagan found an even bigger subject: helping society come to grips with the reality of aging.

"There's a common social conception that late life is really about the end of one's life. But that's not typical of how older people talk about their lives," Kagan says. "They realize that they have lived most of their lives, but they're still actively engaged in living. The healthcare system, however, is all too eager to move to 'end of life.' "

To the agist "end of life," Kagan prefers "a life mostly lived," which appears again and again in her talks and published works, including her 1997 book, *Older Adults Coping with Cancer: Integrating Cancer Into A Life Mostly Lived*, and the forthcoming *Cancer in the Context of Lives Mostly Lived*.

In her work, Kagan also points out that it's time for health care to come to grips with death. "We need to ask why our society struggles so much with death, why we want to put people who are expected to die in very aggressive, intensive treatment settings. What's that about?" she asks. "We need to come up with some new and different solutions."

Since 1994, Kagan has been posing these questions from the University of Pennsylvania, where she is associate professor of gerontological nursing in the School of Nursing. She is also a member of the faculty and a fellow of the Institute on Aging in the School of Medicine. And while her busy travel schedule — Boston, Seattle, Hong Kong, Sweden — keeps her on the move, Kagan works hard to split her time evenly between research and teaching on one hand and patient care — she is a gerontology clinical nurse specialist at the University

Hospital — on the other. "The thing that keeps me going the most," she says, "is my contact with patients."

Kagan's schedule got a lot more complicated — or a lot easier — on Sept. 29, 2003. That's the day that Jonathan Fanton, president of the MacArthur Foundation, phoned to tell her that she had been selected to receive \$500,000, no strings attached, to keep on doing what she was doing.

"I thought he was kidding with me," says Kagan, who, as it happened, had worked for Fanton at the University of Chicago, where he had been a vice president and resident master of one of the dormitories. Fanton, in turn, was more than ready to have a little fun with Kagan. "He said, 'Oh, you know, you're right. I'm looking for Sarah L. Kagan. Sorry to bother you.'"

But it wasn't a joke — just an incredible turn of events.

"Having grown up in Chicago," says Sarah H. Kagan, "I'd followed the MacArthur program, and I'd always thought, 'Those are *really* cool people. That's the kind of creativity I'd like to emulate.'" Now that she's one of them: "It's the biggest responsibility I'll ever have to live up to," she says. "It has confirmed what I do, so now I do it with greater confidence."

She also recognizes that it has given her a unique platform.

"We need to ask what it means to be a citizen in a society aging as rapidly as ours. In part, I use my voice to remind nurses, as much as the public, about the central issues that nurses can address that no other group can. If I can help people get a grasp on some of these issues," she says with a purposeful smile, "I'll die happy."

WE'LL GIVE YOU A BUZZ!

To stay in better contact with you, the Nurses Alumni Association hopes to begin using e-mail as a regular means of communication with alumni about the latest news from the Nurses Alumni Association and special events within the College of Nursing.

But before you can hear from us, we need to hear from you. The Office of Alumni Relations is now collecting alumni e-mail addresses to make this electronic communication possible. And as extra incentive, anyone who sends us her or his e-mail address now through Nov. 30, 2005, will be entered in a drawing for one of three \$20 Starbucks gift certificates. Winners will be notified via e-mail after November 30.

So go ahead and send an e-mail to alumni@rush.edu with the subject line "Starbucks raffle" to get your chance at a caffeine buzz — our treat!

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A HAPPY DISCOVERY

by Heidi J. Butler

Heidi J. Butler, MLS, is librarian and archivist for the Rush University Medical Center Archives, home to historical collections from St. Luke's, Presbyterian, Presbyterian-St. Luke's and Rush. There, she collects, catalogs and preserves historical items from each of these four colleges of nursing. Even when Heidi believes a particular collection to be complete, however, discoveries of unprocessed artifacts may come at the unlikeliest of times, as she relates here:

During a recent search through the Archives — on a subject unrelated to nursing, as it so happened — I was thrilled to find an entire box of early St. Luke's uniforms, donated by Margaret Strong (class of 1919 A), complete from capped head to white-stockings-clad toe. At the bottom of the box, I also found 10 never-used Presbyterian caps, something the Archives has needed for some time to complete our collection of nursing uniforms. Because the entire Archives collection is estimated to be about 75 percent unprocessed, discoveries like this are often made among the many storage boxes that have never been labeled or inventoried.

And the unearthing of such artifacts often comes when you least expect it. Prior to this discovery, I believed I had thoroughly assessed the Archives collections — some 3,600 individual boxes — for any additional nursing uniforms. You can imagine my surprise when I found Miss Strong's uniforms and the caps.

My dedicated volunteers, Martha Mills, Pres-St. Luke's 1965, and Joyce Stoops, Presbyterian 1953, have been working for several months to identify, sort, inventory and store all of the historic uniforms in the Archives. As of May 2005, we had identified 18 Presbyterian uniform pieces, 17 from St. Luke's and three from Presbyterian-

St. Luke's. (We count each apron, cuff, collar, etc. as a separate item.) Miss Strong's uniforms and the Presbyterian caps will bring up our total number significantly.

Although we have at least one uniform and cap to represent each of our three predecessor schools, to date we have received no uniforms from the Rush University College of Nursing.

I am grateful to the Nursing Alumni Association for its support. Through the Edith Payne fund, we were able to purchase a garment rack, two display mannequins and enough archival garment bags to store all of our unexpected apparel discoveries. We will be in very good shape for all the historic nursing uniform "fashion shows" and displays to come.

Alumni support makes the collection and maintenance of our nursing archives possible. Your gift will help preserve the past so it may be remembered in the future. To make a contribution to the Edith Payne Archives Fund, please send your check (payable to Rush University Medical Center) to Rush University Medical Center, Office of Philanthropy, 1700 West Van Buren Street, Suite 250, Chicago, IL, 60612-3244. Please indicate that your gift is for the Edith Payne Archives Fund.

WANTED: A FEW GOOD ISSUES!

The Rush University Medical Center Archives collects historical documents from each of the colleges of nursing, including back issues of this very publication. At this time, however, the Archives collection of the alumni newsletter has some gaps. We'd like your help in filling them. Past issues of *News & Views* from the following years are missing:

1960	1980 through 1989
1963	1998
1972	1999
1973	2000
1976	2003
1979	

If you have seen any of these issues in your collection of nursing memorabilia and are willing to part with them to complete the Archives' set, please send them to:

Rush University Medical Center Archives
1700 West Van Buren Street, Suite 086
Chicago, IL 60612-3244



L to R: Martha Mills, Pres-St. Luke's 1965, Heidi Butler and Joyce Stoops, Presbyterian 1953, unbox their latest discovery.

NEWS FROM THE COLLEGE OF NURSING AND BEYOND

RUSH COLLEGE OF NURSING'S ND PROGRAM BECOMES DNP

The American Association of Colleges of Nursing (AACN) adopted a new position last October that recognizes the Doctor of Nursing Practice (DNP) degree as the highest level of preparation for clinical practice. Rush University College of Nursing has followed suit by transitioning its Doctor of Nursing (ND) program into a DNP program. The practice-focused doctoral degree, such as the ND or DNP, is designed for nurses seeking a terminal degree in nursing practice and offers an alternative to research-intensive doctoral programs such as the Doctorate of Nursing Science. While Rush had offered the ND to fulfill that need since 1989, nursing schools nationwide are beginning to instead offer DNP programs to those students interested in a practice doctorate, and Rush College of Nursing is no exception. As of the time of publication, Rush is one of nine universities currently accepting students into DNP programs, with more than 40 universities developing DNP programs. For more information on the AACN-recommended change in nursing education, go to www.aacn.nche.edu/DNP/pdf/DNP.pdf.

COLLEGE OF NURSING AND RUSH UNIVERSITY MEDICAL CENTER HONORED FOR ADVOCACY

Rush University Medical Center and the College of Nursing have been chosen as recipients of the Henry Betts, MD, Employment Advocacy Award. Each year the award is given to an individual or an organization that has made significant contributions toward promoting employment for people with disabilities by providing job training, job opportunities and advocacy efforts. Rush was recognized for the Rush Americans With Disabilities Act Task Force; the 14-year-old Thonar Award, which recognizes significant Rush employee contributions to the disability community; and a recent national symposium, "Students with Disabilities: Nursing Education and Practice," hosted by the College of Nursing. The symposium, the first to address the issue of making nursing education and the profession as a whole more accessible to those with disabilities, led to the 2004 publication of a proceedings manual of the same name.

NAA HOLDS FIRST E-MAIL COLLECTION DRIVE

The Rush-Presbyterian-St. Luke's Nurses Alumni Association held its first e-mail phon-a-thon last March. Volunteers from the Nurses Alumni Association, Rush College of Nursing and Rush's Office of Philanthropy telephoned alumni asking for their e-mail addresses in order to establish new lines of communication to share news, College of Nursing updates and other information. Phon-a-thon volunteers collected a total of 83 e-mail addresses during calling hours. To add your name to the list for future electronic communications from the College of Nursing and the Nurses Alumni Association — and for your chance at a free cup of coffee — see page 2 for more details.

DISCOVER RUSH

Interested in the latest health news? Looking for advice on aging, disease and injury prevention, living well and more? Check out the Web resource center for *Discover Rush*, the community health newsletter of Rush University Medical Center. There you can read the latest issue of *Discover Rush* and subscribe to the Medical Center's monthly health and wellness e-newsletter, *Discover Rush Online*. It's all available now at www.rush.edu/discover.

THANK YOU AND FAREWELL

Kathleen Gainor Andreoli, DSN, RN, FAAN, left, ended her 18-year tenure as dean of Rush University College of Nursing and vice president for nursing affairs on June 30, 2005. On that day, a group of nationally recognized health care leaders — including Melanie Dreher, PhD, RN, dean of the University of Iowa's College of Nursing, right — gathered at Rush for "Caring to Lead, Leading to Care: What Our Leaders Have to Say About the Future of Nursing," a symposium held in Andreoli's honor. Proceeds from the event went to the Kathleen Gainor Andreoli, DSN, RN, FAAN, Scholarship Fund to assist students in the College of Nursing. For more information about supporting the fund, contact Katie Madden, assistant director of alumni relations, at (312) 942-7199 or Katie_Madden@rush.edu.





NURSING RESEARCH

A sampling of research projects currently under way at Rush University College of Nursing

Mexican-American Problem Solving Program: A Nursing Intervention

Principal Investigator: Julia Muennich Cowell, PhD, RNC, FAAN

The purpose of this study is to test the efficacy of the Mexican American Problem Solving (MAPS) intervention, designed to enhance Mexican immigrant mother and child mental health, and developed with community members to meet the needs that they identified as critical to adjustment to life in the United States. The MAPS intervention consists of mother-child problem solving, with culturally sensitive activities delivered in home visits to mothers and after-school classes to children over the course of one semester (20 weeks).

The study is a two-group randomized field experiment. The 302 participating mother-child pairs from the fourth and fifth grades were recruited in six waves (50 pairs per wave) and drawn from Chicago public schools randomly assigned to intervention or control groups. Researchers are completing data collection with the mothers and children enrolled.

Nurses' Experiences With Workplace Harassment: A Feasibility Study

Principal Investigator: Pamela F. Levin, PhD, RN

Hospitals and other healthcare facilities are the settings for 64 percent of injuries from nonfatal workplace violence in the United States. The purposes of this longitudinal study are to examine risk factors for and outcomes of violence to nurses and to explore the utility of one research model in predicting distress, drinking behaviors and other outcomes related to the workplace. This feasibility study uses a stratified random sample of registered nurses who reside and are licensed in Illinois. The sample will be randomly selected by zip codes in Chicago, its suburbs and the rural areas of Illinois — chosen to ensure representation from all areas of the state — and will be surveyed annually for three waves.

Each nurse in the sample population will receive a mail questionnaire addressing alcohol use and abuse and the use of other substances; type, source and intent of workplace violence; level of distress; coping activities; workplace consequences including absenteeism, productivity and commitment; worker vulnerability; workplace risks and community setting risks of safety and location. The long-term objective of this research is to develop interventions that minimize the frequency of violence and injurious outcomes, including alcohol abuse.

Lifestyle Physical Activity Improves Blood Pressure Indices in Mildly Hypertensive, Sedentary African-American Women

Principal Investigator: Beth A. Staffileno, DNSc, FAHA

Physical activity is recommended as first-step therapy for the prevention and treatment of hypertension. But the ideal type, intensity and duration of physical activity to best achieve optimal blood pressure outcomes among hypertension-prone African-American women remain unclear given that physical activity must also be feasible for, and acceptable to, the target population.

This single-blinded, randomized, parallel-group study examines the effects of physical activities incorporated into everyday life on blood pressure indices, energy expenditure and adherence to prescribed physical activity in sedentary, untreated mildly hypertensive African-American women aged 18 to 45. Women randomized to an eight-week intervention are instructed to engage in their new lifestyle physical activity for 10 minutes, three times a day, five days a week at a prescribed heart rate. Women in the control group should continue with their usual activities. Mean changes in blood pressure and self-reported energy expenditure are compared using t-tests. Adherence to the prescribed lifestyle physical activity, assessed by self-report and portable heart rate monitors, are expressed as percentages. This study's findings may be clinically important given the strong correlation between obesity, hypertension and target organ damage, especially in African-American women.

CLASS NOTES

LAURA SCHMIDT BOM, RN, RUSH 1985, joined the float unit at Memorial Hospital in South Bend, Ind., in 1996. She works on all adult floors, step-down units and in pediatrics and enjoys the power weekend program. She writes that she is grateful for the years she worked at Rush on 8 South Atrium under Paula Dillon, MS, RN. In 1997, Bom donated bone marrow to a Michigan woman, who has been cancer-free since the transplant. Bom and her husband, Steve, live in LaPorte, Ind., and have two teenaged sons.

MARY CHASE-ZIOLEK, PHD, RN, RUSH 1974, published her book *Health, Healing and Wholeness: Engaging Congregations in Ministries of Health* through Pilgrim Press in spring 2005. She is director of the Center for Faith and Health at North Park Theological Seminary in Chicago.

CARRIE DALY, RN, MS, AOCN, RUSH 1981 and 1987, a clinical nurse specialist in radiation oncology at Saint Joseph Hospital in Chicago, received the Oncology Nursing Society (ONS) Excellence in Radiation Therapy Nursing Award in April 2005. The award recognizes her as an expert nurse in the field of radiation oncology who has made significant contributions to the field through publications, presentations and research. Daly is an active member of the Chicago chapter of ONS and the ONS Radiation Special Interest Group.

JANET WILLIAMSON DEAVER, RN, PRESBYTERIAN-ST. LUKE'S 1965, has been nursing since she graduated. She has been in emergency medicine, peri-operative medicine and nursing administration. She and her husband, Chuck, are now "snowbirds," so she nurses per diem in Sheridan, Wyo., in the summer and in Lake Havasu City, Az., in the winter.

SHARON HANDELSMAN, RN, MSN, DNSC, MD, RUSH 1991, graduated from Southern Illinois University School of Medicine in Springfield in May 2005. She entered an obstetrics and gynecology residency at Mercy Hospital and Medical Center in

July. Handelsman and her husband, Robert, have one grown son, Benjamin.

PHYLLIS ROBSON KOLTZ, RN, PRESBYTERIAN 1956, has moved into a maintenance-free villa in Port Charlotte, Fla. She volunteers at a local hospital there.

MARY LOU TATRO LANGENBERG, ST. LUKE'S 1953 B, of West Point, Calif., is happily retired and living in a rural "mother lode" home on a river in the mountains. She writes that she spends her days dabbling in watercolors and observing wildlife from her front porch.

WENDY TUZIK MICEK, RN, MSN, DNSC, RUSH 1987, 1988 and 1993, and BARBARA WEINTRAUB, RN, MSN, MPH, PCCNP, CEN, RUSH 2000, were both among the seven nurses chosen as *Nursing Spectrum's* 2005 Greater Chicago regional winners of its annual Nursing Excellence Awards. Micek, a special project director at Advocate Christ Medical Center in Oak Lawn, Ill., won the Leadership Award for RNs who have demonstrated exceptional leadership of nursing or patient care services. Weintraub is a pediatric emergency department coordinator for Northwest Community Healthcare in Arlington Heights, Ill., and won the Advancing the Profession Award, given annually to RNs who have made contributions that have advanced and strengthened nursing as a profession. All *Nursing Spectrum* award winners have been nominated by their colleagues, peers and supervisors for outstanding service and dedication to their patients and the profession of nursing. *Nursing Spectrum* solicited nominations for awards in six categories, and over 100 nominations were received. Also among the honorees was **MARYLYN GRACE O'ROURKE, RN, MSN**, assistant professor at Rush University College of Nursing, who received the Community Service Award.

MYDELLA RAWSON PAPIERNIAK, PRESBYTERIAN 1940, reports that she is 91 and doing well. She lives in the Presbyterian Retirement Home in Evanston, Ill. She writes that she often thinks of "the old days at

Presbyterian, the war days and our hospital unit 13."

LISA PITLER, RN, MS, JD, RUSH 1988, was appointed senior director of the Clinical Trials Process Office at Rush in November 2004. The newly created office is now the exclusive central office for all aspects of clinical trials at Rush. Pitler has been with Rush in various roles since 1985.

SANDY SCRIBANO ROBERTSON, ST. LUKE'S 1957, and her husband, Robert, are both retired and enjoying the time they get to spend with their grandchildren and three grown children, all of whom live close by in Chicago. The couple also finds time to travel and enjoyed a three-week trip to Italy earlier this year.

JUDI SHRUBSOLE, RN, DNSC, RUSH 2003, received tenure at Cedarville University in Ohio earlier this year. Now associate professor of nursing, Shrubsole has served on Cedarville's faculty since 1992.

IRMGARD SPRINGER STALEY, ST. LUKE'S 1947, is retired from the University of Colorado Medical Center and lives in Aurora, Colo., where she is active with the symphony and opera guilds. She plays golf in the summer and skis in the winter. Staley is proud to report that her daughter and son are both in the healthcare field.

LOIS HARWOOD SYRSTAD-WATKINS, RN, PRESBYTERIAN 1949, and her husband, Sam, have moved to a Christian retirement campus just three miles from their last home in Pasadena, Calif. Since she has not been able to return to Chicago for a class reunion, Lois writes that she reunited with several of her Presbyterian '49 classmates, including **SHIRLEY LARSON DUNCAN, ELIZABETH "BETTY/GRANNY" GRANSTROM FJORTOFT, RUTH GANTZERT WOOD** and **ELDONNA BAKER WOOD**, for a small reunion in Barrington, Ill.



OBITUARIES

St. Luke's

JULIA AHOLA NARVA, 1934, of Saline, Mich.; March 9, 2005. A native of Wakefield, Mich., Narva met her husband, Leonard, who precedes her in death, at the Finnish Lutheran Church in Chicago, and the two were married in 1939. During her nursing career, Narva was employed at St. Luke's Hospital, Silver Cross Hospital in Joliet, Ill., and Shriner's Hospital in Oak Park, Ill., and eventually Swedish American, St. Anthony's and Rockford Memorial, all in Rockford, Ill. Upon their retirement, the couple moved to Finland, where they met relatives on both sides of their family, and eventually became missionaries in Africa and many other parts of the world. The couple are survived by their children, Elizabeth, David and William, as well as by two sisters, four grandchildren, three step-grandchildren and six great-grandchildren.

REGULA STRUEBING BRITTON, 1936, of Costa Mesa, Calif.; July 2003

RUTH KOONZ FOLLETT, 1937, of Tucson, Ariz.; May 8, 2000

ISOBEL THORP, 1945, of Palm Harbor, Fla.; Jan. 2003

EDITH HERBERT BULL, 1946, of Scottsdale, Ariz.; Feb. 21, 2004

OLGA KALAHAN EVERMAN, 1947, of Burr Ridge, Ill.; May 26, 2005

ELAINE LINDQUIST BLADEL, 1949, of Hinsdale, Ill.; May 2005

DOROTHY DIMOCK PALFI, 1949, of Michiana Shores, Ind.; Feb. 19, 2005

MARYLYN R. DELFS BARR, 1951, of Chicago, Ill.; April 2005

A. JEANNINE YOAKUM ANDREWS, 1952, of Holister, Calif.; May 2005

MARY ELLEN ARCHAMBEAU GRIFFITH, 1956, of Oklahoma City, Okla.; Aug. 17, 2004

Presbyterian

VIRGINIA FUSSELL HAND, 1941, of Chesterton, Ind.; Nov. 27, 2004

MYRTLE LANGE, 1941, of Jacksonville, Ill.; Feb. 7, 2005

Rush

AGNES R. POLOUS, 1994, of Oak Lawn, Ill.; April 25, 2005. A Chicago native, Polous met her husband, Louis, at a church dance and the two married in 1964. He precedes her in death. Polous earned her BSN degree in 1977 and her MSN degree in 1979, both from Saint Xavier University. She then joined St. Xavier's faculty, having spent the previous two decades as a nurse in doctors' offices with a diploma from Little Company of Mary Hospital School of Nursing. She earned her doctorate in nursing from Rush University in 1994. Polous is survived by her sons, Thomas and James, two brothers and two grandchildren.

ELEANOR L. McCANN, 1997, of Indianapolis, Ind.; March 14, 2005

DEBBRA LYNN KITT, 2003, of Chicago, Ill.; April 2005

JEANNE L. SLACK

Jeanne L. Slack, DNSc, RN, Rush 1981 and 1985, associate professor and associate chairperson of women's and children's health at Rush University College of Nursing, passed away Feb. 4, 2005, from heart disease. She was 57.

Deborah Gross, DNSc, RN, FAAN, chair of women's and children's health nursing at Rush, hailed Slack as "the epitome of the Rush nurse — kind, gracious, dedicated, generous and, when it was needed, firm and filled with conviction."

Slack began her Rush career in 1971, the year she received her undergraduate nursing degree from the University of Illinois-Chicago. Starting as a staff nurse in pediatric intensive care, she eventually served

as the unit's assistant supervisor. As she rose through the ranks at Rush, she also continued her education, earning both her Master's of Science degree in nursing and her Doctor of Nursing Science from Rush. An accomplished author in her field, one of the books Slack co-wrote, *Handbook of Therapeutic Play Activities for the Hospitalized Child*, received the American Journal of Nursing Book of the Year Award in 1993.

As her own career advanced, Slack remained dedicated to advancing nursing and nursing education at Rush through her tireless involvement with Rush's Gamma Phi chapter of the Sigma Theta Tau Honor Society of Nursing and her more than 20 years as a member of the Golden Lamp Society.

Slack is survived by her husband, Charles Slack, MD, and their daughters, Stefanie and Elizabeth.

To honor Slack's memory and her dedication, Rush has established the Jeanne L. Slack Memorial Fund, which will support the Jeanne L. Slack Convocation Award in recognition of outstanding student achievement in pediatric nursing. If you wish to contribute to this fund, please send checks (payable to Rush University Medical Center) to Rush University Medical Center, Office of Philanthropy, 1700 West Van Buren Street, Suite 250, Chicago, IL, 60612-3244. Please indicate that your gift is for the Jeanne L. Slack Memorial Fund.

HONOR ROLL OF DONORS

The following is a list of Presbyterian, St. Lukes, Presbyterian-St. Luke's and Rush nursing alumni who made philanthropic gifts to Rush University Medical Center between July 1, 2004, and June 30, 2005.

The Golden Lamp Society, the premier giving society of the Rush-Presbyterian-St. Luke's Nurses Alumni Association, comprises donors who make annual gifts of \$300 or more for use within the College. All Golden Lamp Society members' names appear in italics. For more information about joining the Golden Lamp Society, please contact Katie Madden, assistant director of alumni relations, at (312) 942-7199 or Katie_Madden@rush.edu.

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